

Blue Care Network's Woman's Choice program

FYI

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Women's health services

Woman's Choice health specialists include obstetrician-gynecologists, gynecologic oncologists, reproductive endocrinologists, maternal and fetal medicine specialists, neonatal perinatal medicine specialists (M.D. only), nurse practitioners (OB-GYN and women's health) and certified nurse midwives. Your women's health specialist may perform or order various services* **without** your PCP's referral.

Gynecological care — no referral needed

- Bone density studies
- Breast exams and mammograms
- Contraceptive management
- Gynecological exams, Pap smears
- Laboratory** services related to gynecological problems
- Pelvic ultrasounds

Your provider must notify BCN before performing these services*:

- Amniocentesis
- Gynecological surgical procedures
- Maternity inpatient: up to 48 hours following routine delivery and up to 96 hours following C-section
- Surgical treatment of spontaneous or missed abortion
- Treatment of suspected or confirmed malignancies

Obstetrical care — no referral needed

- Fetal nonstress tests
- Laboratory** services related to obstetrical care
- Maternity ultrasounds

*Benefits vary by plan. To check your coverage, log in to your account on bcbsm.com.

**Must be sent to a laboratory in the Joint Venture Hospital Laboratories network or to the designated laboratory vendor.

To find a Woman's Choice doctor, log in to your Blue Cross member account at bcbsm.com. Select *Doctors & Hospitals* in the navigation menu, then select *Primary Care Physicians* from the drop-down menu.

TIP

Consider selecting a women's health specialist who belongs to the same physician group as your PCP or has privileges at the same hospital. This makes it easier for them to care for you as a team.